



Cast the *Vision*

Journaling Exercise:

How do you want your home to look, but more importantly, how do you want to feel about your home and how your systems are running?

Describe an ideal day in your home.

What will your schedule look like when you are at peace and enjoying your life?

What systems will you have in place that help you feel organized and in control?

What habits will you form and how will those habits benefit your life? Describe it!
